

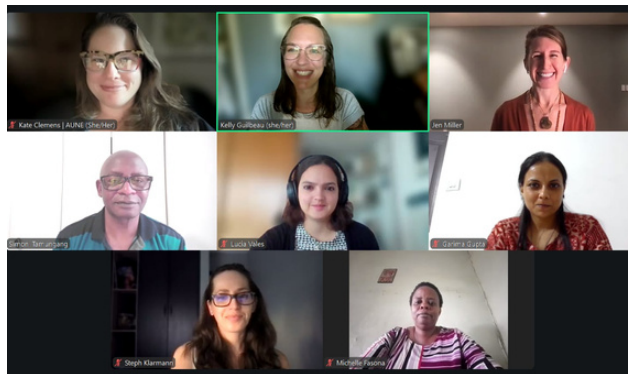


GROWTH POINTS

Newsletter

Revive Updates

Following our successful launch in June at ICCB in Brisbane, Revive invited our members to provide input and feedback about the focus for our working group and our activities. We were thrilled to gather a wonderful diversity of views and ideas, which we synthesised in time for our Board retreat in September. It was no small feat to gather all eight board members across multiple time zones, but very little stands in the way of a passionate team! During our retreat, we finalised our Revive Workplan for 2025-2027 and devised several committees that our members may now join. This newsletter highlights all the exciting ways in which you, our Revive members, can contribute to our mission!



In this newsletter:

- View our [Workplan for 2025-2027](#)
- Learn more about Revive's [committees](#)

Volunteer with Revive

We are looking for active members who are eager to share skills and expertise to develop a community of resilient conservationists!

If you would like to contribute, learn more [here](#) or email [**reviveconserve@gmail.com**](mailto:reviveconserve@gmail.com) with the subject "**Volunteer**".



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Volunteer with Revive



We're excited to launch Revive's organising committees and to help us kickstart our working group activities, we invite our members to complete our




Programming and Committees Survey

In particular, we're interested to know if you:

-  Are a trained or certified instructor who can facilitate a wellness workshop;
-  Are interested in speaking as a webinar guest on a topic related to wellness and resilience;
-  Would like to serve on a Revive organising committee;
-  Or, if you have any other skills or programming you'd like to contribute.

We welcome you to share your breadth of skills so together we can support ourselves and our conservation community to thrive!

Revive will form three committees within our working group:

-  **Evidence and Impact Committee** - to deepen understanding
-  **Care Committee** - to provide emotional support
-  **Amplification Committee** - to extend the reach of voices and practices

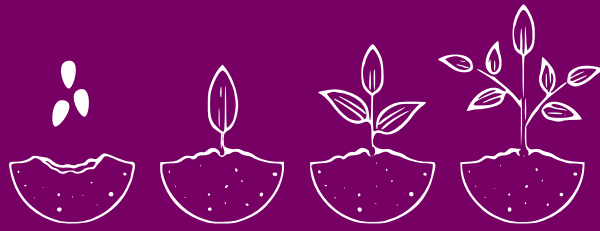
Each committee will consist of a Chair and members who develop programming available to all Revive members, the SCB community and conservation professionals external to SCB. Board Officials will support the logistics of programming that Committees develop. To implement the Revive workplan, each committee will be tasked with a few initial activities to serve our members' requests, and thereafter will have the freedom to innovate new programming.



LEARN MORE



Resiliency Resources



*To provide ongoing support for our members and conservationists, we have added a **Resources page** to Revive's website, making a variety of resources available to all. With these resources, we hope to help us learn the language, grow our tools and connect with others to strengthen our emotional resilience to ecological crises. This information has been curated as a starting place for understanding and processing the emotions we may experience in response to transformations occurring ecologically, and in turn, societally and organisationally.*

[READ MORE](#)



Unthinkable resource hub

Unthinkable works to raise public awareness about how to cope, connect and make meaningful changes in the wake of climate distress. Their resource hub features diverse resources and exercises, including podcasts, art, workshops, and guides.

Community for storytelling and connecting with a global community of conservationists

The Lonely Conservationist was started by Jessie Panazzolo based in Australia and features a supportive community and resources to empower conservationists to value and care for themselves and each other.

One Earth Sangha

just announced its 2025-2026 Eco-Sattva Training: This self-guided course provides an eight-part series designed to support our responses to a changing world using Dharma traditions and insights from climate psychology.

Closing thoughts

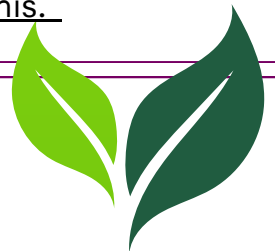


What we're enjoying...

Once Upon a Forest: A Twig Poet's Rewilding Journey

When "I love what I do" quietly turns into "I just need to survive this."

Resiliency Reflection



Resilience Practice

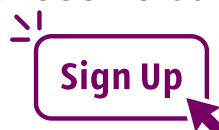
Contributed by Dr. Zoe Hanley, Revive member, ecologist, artist and healer. Zoe is the Oregon Associate Director of Conservation Science with The Nature Conservancy in the United States and a facilitator for The Work That Reconnects.

Get in touch with Zoe at zlhaley@gmail.com.

Visualization to foster well-being (10-20 minutes)

Take a moment to get into a comfortable position either seated or lying down. Visualize yourself in your favorite place in nature, live into that place with all of your senses. Ask yourself: What does wellbeing feel like to me? Allow and emotions, images or people that represent wellbeing that emerge. Spend as much time as you like immersing yourself in this question. When you come back to yourself, take 5-10 minutes to journal, draw or otherwise creatively represent your experience so you can come back to these learnings when you need to cultivate a sense of wellbeing.

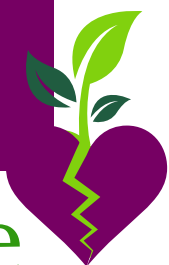
Become a member of Revive & receive our newsletter by clicking [here](#)!



Questions? Reach out to us:

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<https://reviveconserve.wixsite.com/mysite>



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